Immediate Postpartum LARC Implementation — Resource Digest —

General Clinical Guidance

American College of Obstetricians and Gynecologists (ACOG):


ACOG Long-Acting Reversible Contraception (LARC) Program:

- Postpartum Contraceptive Access Initiative (PCAI)

PCAI prepares obstetrician–gynecologists and other health care providers to offer the full range of contraceptive methods to women after delivery through comprehensive, individualized trainings, technical assistance, and online resources.


American Journal of Obstetrics and Gynecology:


Centers for Disease Control and Prevention (CDC):


Cochrane Library


Society of Family Planning

Billing, Coding, and Payment

- **ACOG District II: A Quick Guide to Reimbursement—Coding for LARC**
  This guide reviews various encounter, procedure, and supply codes used when coding for LARC services, in addition to related codes that may be useful during visits for LARC provision.

- **ACOG LARC Program: Billing Quiz**
  This updated billing quiz for LARC methods helps practices to master coding for the contraceptive implant and intrauterine devices. The scenarios offer examples of possible appropriate coding in a variety of situations. Answers, developed by coding experts, are provided after each scenario.

- **ACOG LARC Program: Quick Coding Guide**
  This updated quick reference guide to coding for LARC methods helps practices receive appropriate payment for providing the contraceptive implant and intrauterine devices.

- **ACOG LARC Program: Immediate Postpartum LARC Medicaid Reimbursement Webpage**
  This map highlights states that have published guidance regarding reimbursement for postpartum LARC and includes links to the guidance documents published by each state.

- Centers for Medicaid and CHIP Services:
  » **Informational Bulletin—State Medicaid Payment Approaches to Improve Access to Long-Acting Reversible Contraception**
  » **Letter—Re: Medicaid Family Planning Services and Supplies**

- **Intrauterine Devices and Implants: A Guide to Reimbursement**
  This reimbursement guide is intended to help health care providers overcome the financial challenges of providing the full range of contraceptive methods and reduce out-of-pocket costs and delays in patient care.

- **Kaiser Family Foundation: Medicaid Coverage of Intrauterine Devices & Implants Reimbursement Policy**
  This table and map display data from a state survey for states providing coverage for IUDs and contraceptive implants and that have a reimbursement policy for the postpartum insertion of LARC devices in hospitals.

- **Manatt: Enhancing Access to Family Planning Services in Medicaid: A Toolkit for States**
  This toolkit provides an overview of the issues that most affect access to family planning services and supplies, and the policy options available to state Medicaid agencies to enhance access.

- **National Health Law Program: Reproductive Health**
  If your state Medicaid program does not cover a particular LARC method or a related service such as removal, or if your state places inappropriate limits on restrictions on these services, please email NheLP at nhelp@healthlaw.org with “Reproductive Health” in the subject line.

Capacity Building and Systems Change

- **ACOG District II: Long-Acting Reversible Contraception Administrative & Infrastructure Support**
  This checklist reviews administrative and infrastructure supports needed to effectively provide long-acting reversible contraception.


Contraceptive Counseling

- ACOG:

- ACOG District II
  - Contraceptive Counseling & Reproductive Life Planning: Suggestions for Getting Started.
  - Dispelling Long-Acting Reversible Contraception Myths & Misconceptions Fact Sheet

- Beyond the Pill – Educational Materials for Patients and Students

  Beyond the Pill is a program of the Bixby Center for Global Reproductive Health at the University of California, San Francisco that partnered with Bedsider to create patient education tools in both English and Spanish, which can be digitally downloaded or ordered online.

Policy Change

- Association of State and Territorial Health Officials (ASTHO): Increasing Access to Contraception
  This page provides information on state opportunities, challenges, and technical assistance needs identified by ASTHO, and resources on state initiatives to increase access to contraception.

  This report from the Centers for Disease Control and Prevention (CDC) discusses the strategies and best practices for immediate postpartum LARC policy development and implementation.

- CDC: The 6|18 Initiative – Accelerating Evidence into Action
  The CDC is partnering with health care purchasers, payers, and providers through the 6|18 Initiative to improve health and control health care costs.

- Guttmacher Institute: Fact Sheets
  - Contraceptive Use in the United States | Unintended Pregnancy in the United States

- Jacobs Institute of Women's Health – Bridging the Divide White Paper: Long-Acting Reversible Contraception – Overview of Research & Policy in the United States
  This white paper provides an extensive summary of current knowledge on LARC research and policy. The Institute also created short topical papers on LARC issues like Key Points for Policymakers and State-Level and Regional Research on Reducing Barriers to Access.

- National Institute for Children's Health Quality: Strategies to Increase Access to Long-Acting Reversible Contraception in Medicaid
  This issue brief details current LARC availability and education, barriers to prescribing LARC, and potential Medicaid reimbursement models to improve access.

- National Institute for Reproductive Health: Contraception
  This contraception resource page reviews ways to develop policies to improve access to contraception, raise public awareness about contraception, and more.

- National Women's Law Center: Birth Control
  The National Women's Law Center (NWLC) produces resources to help keep birth control available and affordable, in addition to running the CoverHer hotline, providing legal assistance to people having trouble accessing birth control without a co-pay or out-of-pocket cost through their insurance.

- SisterSong and the National Women's Health Network: LARC Statement of Principles.
  SisterSong and the National Women's Health Network (NWHN) released this LARC statement of principles asserts that reproductive autonomy should always be paramount in contraceptive choice. Women should not be directed towards any contraceptive method based on effectiveness alone, and assumptions should not be made based on race, age, ethnicity, or ability. This statement is supported by ACOG.
Program Implementation and Clinical Skills

- **ACOG District II: Long-Acting Reversible Contraception - A Hospital-Based Physician Initiative Video Series**
  This series presents information about LARC methods, an animation demonstrating postplacental IUD insertion, details on systems and reimbursement barriers, and more.

- **ACQUIRE Project Postpartum IUD Curriculum**
  This curriculum from the ACQUIRE Project by EngenderHealth (supported by USAID) is a clinical course emphasizing the information needed to provide safe and effective postpartum IUD (PPIUD) services. Both a *Trainer's Manual* and *Participant Handbook* are available.

- **CARDEA Inserting LARC Immediately After Childbirth eLearning Course**
  This course addresses the indications for LARC insertion immediately postpartum, demonstrates correct postpartum IUD insertion technique and shares best practices for managing complications. An optional video teaches participants how to construct a model for practicing the technique.

- **High Impact Practices: Immediate Postpartum Family Planning – A Key Component of Childbirth Care**
  This brief contains a short overview of the importance of offering immediate postpartum LARC, tips from implementation experience, and tools and resources for practice.

- **Innovating Education in Reproductive Health: This is How I Teach - Postpartum IUD Insertion Video**
  This video explains approaches for teaching postpartum IUD insertion.

- **International Federation of Gynecology and Obstetrics: Special Issues in Maternal Health Resource List**
  This resource list from the Global Library of Women's Medicine provides training resources on immediate postpartum LARC, including training guides, animated and video tutorials, wall charts, and more.

- **Jhpiego Providing Long-Acting Reversible Contraception Learning Resource Package:**
  - **Group Based/Single Dose**
  - **Modular/Facility-Based**

- **K4Health Postpartum Family Planning Toolkit**
  This toolkit provides training resources for postpartum IUD insertion and counseling. The training materials available include Access-FP’s Postpartum IUD Learning Resource Package, an animated postpartum IUD insertion training video, counseling tools, and training guidance.

- **Laerdal Global Health Mama-U Video**
  This video demonstrates how to set up the Mama U postpartum uterus model and use it to practice postpartum IUD insertion using forceps and a postpartum IUD inserter.

- **State Immediate Postpartum LARC Toolkits:**
  Several state collaboratives have created toolkits to support immediate postpartum LARC implementation:
  - Florida, Indiana, Maryland, South Carolina, Texas, Virginia, West Virginia

- **Stanford Program for International Reproductive Education and Services (SPIRES) Postpartum IUD Insertion Model and Technique Demonstration**
  This video demonstrates the assembly and use of a training model developed by SPIRES to assist with teaching postpartum IUD insertion techniques.

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This resource was last updated on April 19, 2022. Please visit the LARC Program at acog.org/larc for more information or email larcprogram@acog.org with suggestions or comments. This information is designed as an educational resource to aid clinicians in providing obstetric and gynecologic care and use of this information is voluntary. This information should not be considered as inclusive of all proper treatments or methods of care or as a statement of the standard of care. It is not intended to substitute for the independent professional judgment of the treating clinician. Variations in practice may be warranted when, in the reasonable judgment of the treating clinician, such course of action is indicated by the condition of the patient, limitations of available resources, or advances in knowledge or technology. The American College of Obstetricians and Gynecologists reviews its publications regularly; however, its publications may not reflect the most recent evidence. Any updates to this document can be found on www.acog.org or by calling the ACOG Resource Center.

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